



Menú Diciembre 2021 / December, 2021 Menu
Alergia a las Legumbres / Legumes Allergy



MIÉRCOLES 1 / WEDNESDAY, 1st

CREMA DE CALABACÍN / *Cream of Zucchini Soup*
TORTILLA DE PATATAS CON ENSALADA / *Spanish Omelette and Salad*
FRUTA - VASO DE LECHE - YOGURT / *Fruit - Milk - Yogurt*

JUEVES 2 / THURSDAY, 2nd

ARROZ CON POLLO / *Rice with Chicken*
VARITAS DE MERLUZA CON ENSALADA / *Fish Fingers and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

VIERNES 3 / FRIDAY, 3rd

PATATAS CON CARNE / *Potatoes and Meat Stew*
FILETE DE LENGUADO CON ENSALADA / *Sole Fish and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MARTES 7 / TUESDAY, 7th

SOPA DE PESCADO / *Fish Soup*
ESCALOPE DE POLLO CON ENSALADA / *Chicken Escalope and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

JUEVES 9 / THURSDAY, 9th

PAELLA MIXTA (INFANTIL: ARROZ CON POLLO) / *Mixed "Paella" (Pre-Primary: Rice with Chicken)*
CROQUETAS DE JAMÓN CON ENSALADA / *Ham Croquettes and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

VIERNES 10 / FRIDAY, 10th

PURÉ DE VERDURAS / *Cream of Vegetable Soup*
FILETE DE LIMANDA CON ENSALADA / *Yellowtail Flounder and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

LUNES 13 / MONDAY, 13th

ARROZ CON TOMATE / *Rice with Tomato Sauce*
CINTA DE LOMO CON ENSALADA / *Pork Loin and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MARTES 14 / TUESDAY, 14th

CHAMPIÑONES CON JAMÓN / *Salted Mushrooms with Ham*
HAMBURGUESA DE POLLO CON PATATAS FRITAS / *Chicken Burger and French Fries*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MIÉRCOLES 15 / WEDNESDAY, 15th

ENSALADA CAMPERA / *Country Salad*
FILETE DE MERLUZA CON ENSALADA / *Hake Fillet and Salad*
FRUTA - VASO DE LECHE - YOGURT / *Fruit - Milk - Yogurt*

JUEVES 16 / THURSDAY, 16th

FIDEUA DE MARISCO (INFANTIL: ARROZ CON POLLO) / *Seafood "Fideua" (Pre-Primary: Rice with Chicken)*
BUÑUELOS DE BACALAO CON ENSALADA / *Cod Fritters and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

VIERNES 17 / FRIDAY, 17th

SOPA DE PATATAS, ZANAHORIA, TERNERA, POLLO Y CHORIZO / *Potato, Carrot and Meat Soup*
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FRUTA - VASO DE LECHE / *Fruit - Milk*

LUNES 20 / MONDAY, 20th

MACARRONES CON TOMATE / *Macaroni with Tomato Sauce*
ALBÓNDIGAS EN SALSA CON PATATAS FRITAS / *Meatballs and French Fries*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MARTES 21 / TUESDAY, 21st

CREMA DE CALABAZA / *Cream of Pumpkin Soup*
LOMOS DE MERLUZA EN SALSA CON PATATAS FRITAS / *Hake Fillet Stew and French Fries*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MIÉRCOLES 22 / WEDNESDAY, 22nd

ARROZ A BANDA / *Rice with Fish and Seafood*
LACÓN A LA PLANCHA CON ENSALADA / *Grilled Lacon and Salad*
FRUTA - VASO DE LECHE - YOGURT / *Fruit - Milk - Yogurt*

JUEVES 23 / THURSDAY, 23rd

PATATAS A LA MARINERA / *Fish and Potatoes Stew*
ESCALOPINES DE TERNERA CON ENSALADA / *Beef "Escalopines" and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

LUNES 27 / MONDAY, 27th

SPAGUETTI BOLOÑESA / *Bolognese Spaghetti*
FILETE DE PAVO CON ENSALADA / *Turkey Fillet and Salad*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MARTES 28 / TUESDAY, 28th

CHAMPIÑONES CON JAMÓN / *Salted Mushrooms with Ham*
POLLO AL AJILLO CON PATATAS FRITAS / *Garlic Chicken and French Fries*
FRUTA - VASO DE LECHE / *Fruit - Milk*

MIÉRCOLES 29 / WEDNESDAY, 29th

PURÉ DE VERDURAS / *Cream of Vegetable Soup*
FILETE DE PLATIJA CON ENSALADA / *Flounder and Salad*
FRUTA - VASO DE LECHE - YOGURT / *Fruit - Milk - Yogurt*

JUEVES 30 / THURSDAY, 30th

SOPA DE PICADILLO / *Chicken Soup*
FILETES RUSOS CON PATATAS FRITAS / *Salisbury Steak and French Fries*
FRUTA - VASO DE LECHE / *Fruit - Milk*